

Creating The Flawless Tan



A guide for getting the most out of your Vani-T Spray Tan Treatment.

Vani-T Spray Tanning, proudly brought to you by Earthen Body.

0416 196 167

info@earthenbody.com.au

How Does Spray Tanning Work?

Solution is air misted onto the body using a "soft spray" system. Your skin will have an instant bronzed look produced by the bronzer in the solution and the tan will develop within 8 hours depending on the solution used. After your first shower, it is normal for the bronzer to wash away leaving the developed tan.

What Is DHA?

DHA, also known as Dihydroxyacetone, is a non-coloured, naturally derived, sugar based ingredient that when applied to skin, causes a browning effect catalysed by amino acids.

How Does It Make My Skin Tanned?

The DHA reacts with the amino acids in the skin to create a tanned effect. The browning process affects only the outer layers of the epidermis or 'dead skin cells' and will only penetrate through 4 - 5 layers of the skin.

DHA along with all the other luxurious ingredients will produce a flawless tan which can last between 7 to 10 days.

Vani-T's tans will give you a natural colour equivalent to approximately 8 solarium sessions (or 3 - 5 shades darker than your natural skin colouring), without exposing your skin to the sun's harsh UV rays.

PRE-TAN PREPARATION

To get the best and longest lasting results from your spray tan, follow this easy Pre-Tan Preparation Guide.

EXFOLIATE:

Exfoliate your whole body thoroughly, but gently to remove any dead skin cells. This can be done the day of the tan, or the day before the tan application.

HAIR REMOVAL:

Should you wish to remove any hair from the areas being tanned, please arrange this prior to your spray tan appointment.

Shaving - if you shave, please shave the day before your tanning appointment and wait at least 24-48 hours post-tan application to begin shaving again.

Waxing/Depilatory Creams - if you wax or use depilatory creams, have this done 24-48 hours before your tanning appointment. Don't wax following your tan application as the wax will effectively remove the tan.

IPL/Laser - ensure IPL or Laser treatment is done prior to your tanning application - minimum of 24 hours. Once you've been tanned you will not be able to have another IPL/Laser treatment until the tan has been completely removed for safety reasons.

WHAT TO BRING/WEAR ON THE DAY

SKIN:

Your skin should be free of moisturisers, deodorants and make-up. If possible, remove these from your skin prior to your appointment. Cleansing wipes will also be available at your appointment if you are unable to cleanse your skin.

CLOTHING:

Disposable bras and g-strings are available at your appointment or you are welcome to bring your own underwear (use items that are old and/or dark in colour). Contact lenses and jewellery should be removed prior to treatment. Bring loose clothing to wear following your tan application, wear loose shoes, preferably wear loose undergarments, or where you can, no bra.

HAIR:

Needs to be kept off the face and neck for even application of the tan. A disposable cap will be available at the appointment if you are unable to secure your hair prior and is recommended for clients with light or grey coloured hair to prevent staining of the hair.

POST-TAN CARE/MAINTAINING YOUR SPRAY TAN

Some tips to help your tan last longer:

SHOWERING:

Your tan will develop over an 8 hour period, at which time you should shower to wash off the bronzer. For a lighter tan we recommend you shower around 4-6 hr mark. You can sleep and shower in the morning if the time is inappropriate for you to have a shower when it is due. (Not recommended for a light tan though). Try not to scrub your body, just gently wash. After washing, pat dry - do not rub hard with the towel.

ACTIVITIES:

Following your spray tan application (during developing time), avoid activities which will encourage the body to sweat until after your first shower and avoid swimming as the chemicals in the pools can reduce the darkness of your tan.

MOISTURISE:

Keep your skin well moisturised as this keeps the skin from naturally sloughing off dead skin cells and thereby prolonging the tan. You can use a tan extender product such as Bronzing Custard to boost your tan and keep from fading as fast.

THINGS TO AVOID

The following items can reduce the length of your tan:

POOLS/SPAS:

This will fade the tan if in the water for long lengths of time. Use a sunscreen to build a barrier between water chemicals and the tan.

EXCESSIVE SWEATING:

Can cause the tan to fade faster.

LONG/HOT BATHS:

Soaking should be avoided unless removing the tan.

SOAPS:

Soaps can be quite alkaline and the skin is slightly acid. This could cause the skin to dry which will increase the natural exfoliation cycle, therefore the tan will fade faster. Use gentle soaps or better still, shower gels/washes.

WARNING

Spray tanning does not give you protection in the sun or from UV rays. You must always wear sunscreen if you are out in the sun even whilst wearing a spray tan.